



**Willow Bank Hotel
Manchester**

Sample 'Sporting Tour' Menus

STARTERS

Oven Baked Smoked Haddock Fishcakes with a light Crème Fraiche and Chive Sauce
Roasted Pumpkin Soup with Freshly Baked Bread Rolls
Pasta & Broad Bean Soup
Clear Root Vegetable Soup, flavoured with Fresh Garden Herbs
Stack of Seasonal Melon with Apple Sorbet
Roasted Plum Tomato Soup with Fresh Basil & Red Onion
Penne Pasta Salad with Fresh Tomato, Basil & Balsamic

MAIN COURSES

British Farm Assured Chicken Breast, lightly steamed with a rich Tomato and fresh Herb sauce, accompanied by Pasta and Mediterranean Vegetables, New Seasoned Potatoes.
British Farm Assured Chicken Breast, Dry Oven Roasted accompanied by a Light Honey and Lemon Herb Jus, Creamed Potatoes with
Steamed Vegetables of Green Beans, Mange Tout and Chantenay Carrots
Sliced Warm Char Grilled Chicken, served with Low Cal Caesar Salad, Oven Baked Croutons and a Lightly Poached Egg
Poached Breast of Chicken stuffed with fresh leeks. Light Tomato & Herb Jus, selection of Vegetables & Potatoes
A Delicate Poached Salmon Fillet, set on a bed of Spinach with a light Lemon & Chive Sauce, crushed Pesto Potatoes and Lightly Steamed Vegetables
Char Grilled Butterfly Breast of Chicken flavoured with Fresh Herbs and a light Cajun Dusting served with Butternut Squash Risotto and Traditional Garden Salad
Lightly Pan Fried Turkey Escalope, Light Cranberry & Orange Jus. Lightly Steamed Vegetables and Tomato and Tarragon Penne Pasta
Slow Oven Roasted Lemon & Thyme Scented Crown of Chicken with Traditional Pan Gravy, Fondant Potatoes and a Medley of Garden Vegetables

Aubergine & Courgette Risotto with Fresh Sage
Cannelloni with Spinach and Roasted Vegetables glazed in a Light White Sauce
Mushroom Risotto Cake set on a bed of Dry Roasted Vegetables, Tofu and Chestnut Pithivier with a Cassoulet of Mixed Beans and Chantenay Carrots.

DESSERTS

Tropical Fruit Salad to include Mango, Apple, Orange, Kiwi, Pink Grapefruit with Cinnamon Syrup
Poached Pears in Vanilla Syrup
Lemon Posset, Light Tangy Lemon Mousse set on Raspberry Sauce
Home Made Rice Pudding with Hot Strawberry or Raspberry Sauce
Hot Peach Meringue Pudding with Vanilla Custard
Raspberry Pana Cotta with Mango Sauce